

Ibo Massage treatments - From US\$ 40 per hour

Massage is culturally inspired and can include traditional body scrubs prepared using Ibo coarse sea salt, and zesty lemon grass grown locally as part of the lodges garden project. The characteristic Ibo Island mussiro 'white face mask' is utilised. Traditionally made from the bark of a tree and painted onto the face using a coconut husk brush, the gentle paste ensures skin is protected from the sun and when removed leaves skin silky soft. The Mussiro mask is typically traditional to northern Mozambique and is the exotic and beautiful mask that many of the Ibo women wear daily.

